



# 2016 RXR LONG ISLAND MARATHON WEEKEND

April 29 thru May 1, 2016



NASSAU COUNTY EXECUTIVE  
**ED MANGANO**

Hosted by the Nassau County Department of Parks, Recreation & Museums  
Eisenhower Park - East Meadow, NY 11554 | 516.986.5537 | www.thelimarathon.com

### PARTICIPANT INFORMATION (please print clearly)

Last Name  First Name

Address

City  State  Zip

Email  registration confirmation will only be sent via email

Phone

Gender  
 Male  Female

Age  Date of Birth (mm/dd/yy)

See Race Description for Age Requirements

Participant Category

Runner  Wheelchair

Size

Y-M  Y-L  S  M  
 L  XL  XXL

### PAYMENT INFORMATION

Send application & check payable to "Long Island Marathon" to:

Long Island Marathon  
Eisenhower Park  
East Meadow, NY 11554

**\* NO RACE-DAY CHECK-IN**  
**\* NO RACE-DAY REGISTRATION**  
**\* NON-TRANSFERABLE & NON-REFUNDABLE**

All participants must check-in at the 2016 Sports & Fitness Expo prior to race day.

Applications must be postmarked by March 20, 2016

Registration is non-refundable & nontransferable. Age Requirements apply. Courses close at designated times.

**FOR COMPLETE RACE DETAILS**  
or to register online

[www.thelimarathon.com](http://www.thelimarathon.com)

### WAIVER

In consideration for accepting this entry, I, the undersigned intending to be legally bound hereby, for myself, my heirs, executors & administrators waive & release any & all rights & claims for damages, causes of action, costs & liabilities of any kind that I may have against the County of Nassau, the Friends of Nassau County Recreation, the Nassau County Police Department, sponsors, advertisers or other affiliates of the Long Island Marathon (the "Released Parties") from April 28 thru May 1, 2016 (the "Event") & their representatives, successors & assigns for any & all injuries physical or otherwise, illness, personal loss or death arising out of the Event. I hereby acknowledge that I am aware that I must meet all minimum age requirements & I am aware of the risk of injury while running a marathon race of 26 miles 385 yards, half marathon of 13 miles 192.3 yards, 10K equal to 6 miles 352 yards, 5K equal to 3 miles 176 yards, or 1-mile run, but am willing to accept said risk & hereby attest & verify that I am physically fit & have sufficiently trained for the completion of this Event; & my condition has been verified by a licensed medical doctor. At the time of registration, I will inform the race organizers regarding any relevant medical condition. If signed by a parent or guardian, parent or guardian agrees to release & hold the Released Parties harmless from any claims & rights that may be asserted on behalf of the entrant. I am aware that the Event is sanctioned by the USATF & all USATF rules will apply. Further, I hereby grant permission to any & all of the Released Parties to use any photographs, videotapes, motion picture recordings or any other record of this Event for any purpose whatsoever. I acknowledge that I have read, understand & agree to abide by the above rules, regulations & all standards of conduct set forth by the Long Island Marathon race committee & recognize that they may be changed at any time without prior notice.

Signature \_\_\_\_\_

Date \_\_\_\_\_

If under 18 years of age, please have parent or guardian sign

### RACE PREFERENCE

**Marathon (26.2 mi)**  
Date: Sun May 1, 2016  
Start: 8:00 AM  
Fee: \$70.00  
(must be 14 yrs of age or older on race day to participate in this event.)

**Half Marathon (13.1 mi)**  
Date: Sun May 1, 2016  
Start: 8:00 AM  
Fee: \$60.00  
(must be 14 yrs of age or older on race day to participate in this event.)

**10K Race (10K)**  
Date: Sun May 1, 2016  
Start: 8:00 AM  
Fee: \$40.00  
(must be 14 yrs of age or older on race day to participate in this event.)

**5K Race (5K)**  
Date: Sat Apr. 30, 2016  
Start: 8:30 AM  
Fee: \$25.00  
(must be 6 yrs of age or older on race day to participate in this event.)

**1 Mile Run**  
Date: Sat Apr. 30, 2016  
Start: 8:00 AM  
Fee: \$20.00  
(must be 6 yrs of age or older on race day to participate in this event.)