



Edward P. Mangano
County Executive

2012 LONG ISLAND MARATHON

Marathon | Half Marathon | 10K Race | 5K Race | 1 Mile Run

May 6, 2012

May 5, 2012

Hosted by the Nassau County Department of Parks, Recreation & Museums

Eisenhower Park - East Meadow, NY 11554 | 516.986.5537 | www.thelmarathon.com

PARTICIPANT INFORMATION please print

Last Name First Name

Address

City

State Zip

E-mail As part of Nassau County's conservation initiative, registration confirmation will be sent only via e-mail to those who provide an e-mail address.

See website for Age Requirements

Age Date of Birth
Month Day Year

Gender
 Male Female

Desired size for participant memento
 Y-M Y-L S M
 L XL XXL

Daytime Phone

RACE INFORMATION

1 Mile Run / 5K Race - Saturday, May 5, 2012 @ 8:00 AM / 8:30 AM
Marathon, Half Marathon, 10K Race - Sunday, May 6, 2012 @ 8:00 AM

Marathon/Half/10K Course closes in 6 hrs. (5K / 1 M Courses close in 1.5 hrs) Roads reopen progressively starting at 9AM.
Course time limits: Marathon: 6 hrs; Half Marathon: 3 hrs; 10K Race: 2 hrs; 5K Race: 1.5 hrs; 1 Mile Run: 1 hr
No official times recorded after these cut-offs; Participants may continue following all pedestrian & traffic laws.

Race Preference

SWITCHING RACES NOT POSSIBLE ON RACE DAY

- Marathon (26.2 mi.)
- Half Marathon (13.1 mi.)
- 10K Race
- 5K Race
- 1 Mile Run

**ALL PARTICIPANTS
MUST CHECK-IN
PRIOR TO RACE DAY
AT THE
LONG ISLAND
MARATHON EXPO 2012**

Participant Category

- Runner Wheelchair

Payment Information

	Postmarked by: 12/31/11	4/16/12
1 Mile Run	\$15.00	\$18.00
5K Race	\$20.00	\$30.00
10K Race	\$25.00	\$35.00
Half Marathon	\$45.00	\$55.00
Marathon	\$55.00	\$65.00

Amount Enclosed \$.

Check No.

Send completed application along with check or money order payable to LONG ISLAND MARATHON to:

Long Island Marathon
Eisenhower Park | East Meadow, NY 11554

WAIVER

In consideration for accepting this entry, I, the undersigned intending to be legally bound hereby, for myself, my heirs, executors & administrators waive & release any & all rights & claims for damages, causes of action, costs & liabilities of any kind that I may have against the County of Nassau, the Friends of Nassau County Recreation, the Nassau County Police Department, sponsors, advertisers or other affiliates of the Long Island Marathon: Festival of Races (the "Released Parties") from April 27 thru May 6, 2012 (the "Event") & their representatives, successors & assigns for any & all injuries physical or otherwise, illness, personal loss or death arising out of the Event. I hereby acknowledge that I am aware that I must be at meet the minimum age requirement for the race for which I am registering on race day, & I am aware of the risk of injury while running a marathon race of 26 miles 385 yards, half marathon of 13 miles 192.3 yards, 10K equal to 6 miles 352 yards, 5K equal to 3 miles 176 yards, or 1-mile run, but am willing to accept said risk & hereby attest & verify that I am physically fit & have sufficiently trained for the completion of this Event; & my condition has been verified by a licensed medical doctor. At the time of registration, I will inform the race organizers regarding any relevant medical condition. If signed by a parent or guardian, parent or guardian agrees to release & hold the Released Parties harmless from any claims & rights that may be asserted on behalf of the entrant. I am aware that the Event is sanctioned by the USATF & all USATF rules will apply. In addition, I understand that I may be given a returnable electronic timing transmitter (a "chip") to wear on race day & that if so requested, it is my responsibility to return this "chip" to the race organizers. If I do not return the "chip" I was given to use, I will be charged a replacement fee of up to \$120. Further, I hereby grant permission to any & all of the Released Parties to use any photographs, videotapes, motion picture recordings or any other record of this Event for any purpose whatsoever. I acknowledge that I have read, understand & agree to abide by the above rules, regulations & all standards of conduct set forth by the Long Island Marathon race committee & recognize that they may be changed at any time without prior notice. Furthermore, I understand that this waiver may be modified at any time without my notice and agree to abide by any subsequent additions or changes to the terms of this participation waiver.

Signature _____

Date _____

If under 18 years of age, please have parent or guardian sign